

MARC / BACPAC Questionnaire for School-Based Screening of BULLYING & CYBERBULLYING

Child's age: ___yrs ___mos. Gender (M / F) Parent in the room during interview? (yes /no)

Date of visit: _____ Grade: _____ IEP? Y / N

Relevant Disabilities (if *established* in IEP, .504, or Accommodation Plan): _____

Reason for Visit (e.g.: headache, stomachache, accident/injury): _____

[See reverse for guide to the bullying interview]**

1. Sometimes kids who come to see me have [stomachaches/headaches/etc.] because they have a cold, or the flu, or a stomach bug...and sometimes they have them because they're going through something stressful in their life. Sometimes they're getting bullied. Do you see bullying happening here at school?	<input type="checkbox"/> YES <input type="checkbox"/> Other:
2. Is there any one kid or bunch of kids that pick on <u>you</u> or make <u>you</u> feel bad over and over again?	<input type="checkbox"/> Yes (inquire as to the frequency of the abuse and record below) (___x daily; ___ times a week; ___times a month; ___times a year). <input type="checkbox"/> No (SKIP TO #3 BELOW)
IF YES to # 2.....	Where does this happen? (circle all that apply): classroom, lunchroom, hallways, stairwell, bathroom, locker-room, playground, bus)
IF YES to # 2.....	What did he or she do to you? (circle all that apply): MADE FUN OF ME / KIDS LAUGHED / NAME-CALLING / RUMORS / MADE UP LIES / GOT ME IN TROUBLE / PUSHED,SHOVED,HIT,THREW STUFF / OTHER: _____ _____
3. How about on the computer at home? Has anyone been mean to you or made fun of you on the internet? (If of dating age): Is anyone pressuring you to send pictures of yourself that you're not comfortable sharing?	<input type="checkbox"/> Yes [If child offers details] _____ _____ _____ <input type="checkbox"/> no
IF THE CHILD IS NOT A VICTIM OF BULLYING, END HERE. IF CHILD IS A VICTIM, MOVE ON.	
4. It's very important that you understand that if you are being bullied that it is <i>never</i> your fault. Bullying is wrong and people should <i>never</i> bully others. Have you told any adults about the kids that are bothering you?	<input type="checkbox"/> Yes [circle: parent / teacher / other: _____] <input type="checkbox"/> No
5. IF YES TO # 4... Were the adults able to stop the bullying?	<input type="checkbox"/> Yes <input type="checkbox"/> No If YES...can stop interview here

6. "Sometimes it feels good just to talk about things. I wish you and I had more time to talk about it today. Would you like to have a chance to talk about it sometime soon?"	If Yes, Refer to:
7. If NO to # 5... "Would you like me to try to help? I can talk with the principal or one of your teachers and try to make sure that the bullying stops. While I cannot promise that everything will be better, I know that <i>if we do nothing</i> the bullying will likely continue and probably get worse. I want you to be happy and safe at school – is it okay with you if I talk to someone here at school about this?" [**]	<input type="checkbox"/> Yes (Who would you like me to talk to? Principal / Nurse / Counselor / Teacher / Other: <input type="checkbox"/> No

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GUIDE TO THE BULLYING/CYBERBULLYING CHECKLIST/INTERVIEW

If in doubt about whether child understands what you mean by "bullying" : "You probably know that grownups today are very worried about bullying. I'd like to ask you a little bit about that, but I want to make sure you understand what I mean. When I ask about bullying, I mean another kid (or group of kids) who picks on someone or is mean to them *on purpose, over and over again* – not just one time."

THERE ARE THREE VENUES THROUGH WHICH YOU CAN HELP THIS CHILD:

- **BY GIVING THEM A "SAFE ADULT" AT SCHOOL THEY CAN ALWAYS SPEAK WITH (E.G., THE SCHOOL NURSE, THE SCHOOL ADJUSTMENT COUNSELOR);**
- **BY GIVING THEIR PARENTS GUIDANCE ABOUT HOW TO COPE (THROUGH HANDOUTS, WEBSITES); AND**
- **BY OFFERING THEM SUPPORT FROM YOURSELF.**

WEBSITES FOR PARENTS/TEACHERS/STUDENTS:

1. The **Massachusetts Aggression Reduction Center (MARC):** www.MARCcenter.org
2. **Bullying And Cyberbullying Prevention and Advocacy Collaborative (BACPAC)** at Children's Hospital Boston: www.childrenshospital.org/BACPAC
3. **Stop Bullying Now** from the U.S. government: www.stopbullying.gov

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